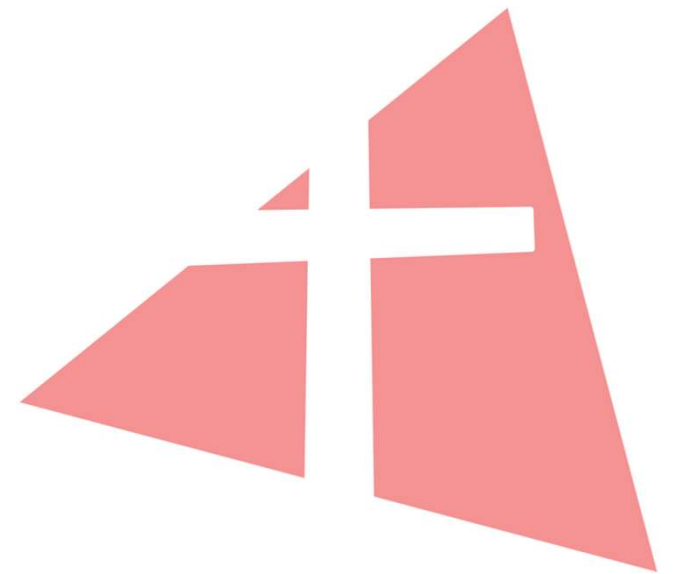


Spiritual Warfare: Jesus, Satan and our Emotions

November 05th 2023



Soaking

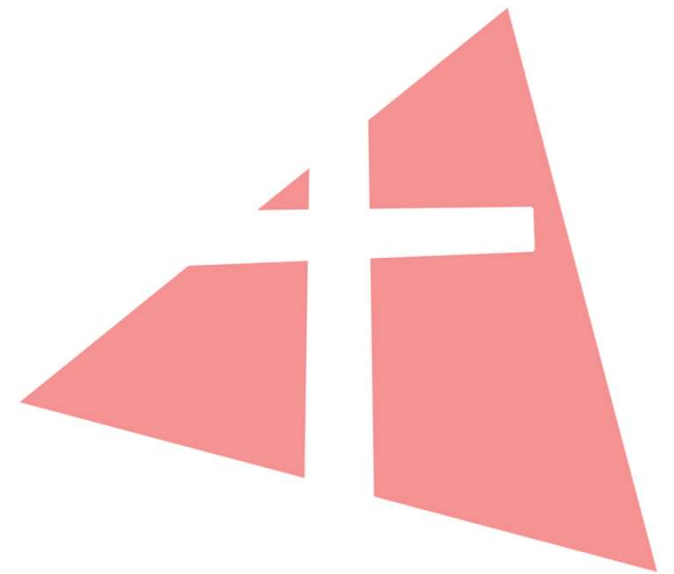
- **Is Aletheia the local church God calls me to be part of in this season?**
- **What concrete action should I do to reaffirm my commitment to my local church?**
- **What should my relationship with my local church look like?**



Our Series

○ **Spiritual Warfare**

- Jesus and satan have different plans for our lives
- We support one or the other (whether we know it or not)



Today's Focus

- **Spiritual Warfare: Jesus, Satan and our Emotions**



The Basics

- God has emotions

Jeremiah 31:3 The LORD has appeared of old unto me, saying, Yea, I have loved you with an everlasting love: therefore with lovingkindness have I drawn you.

Judges 2:18 ... for the LORD had compassion because of their groanings because of them that oppressed them and vexed them.

Deuteronomy 9:22 And at Taberah, and at Massah, and at Kibrothhattaavah, you provoked the LORD to wrath.

Zephaniah 3:17 The LORD your God in the midst of you is mighty; he will save, he will rejoice over you with joy; he will quiet you with his love, he will rejoice over you with singing.

Isaiah 1:14 Your new moons and your appointed feasts my soul hates: they are a trouble unto me; I am weary of bearing them.

The Basics

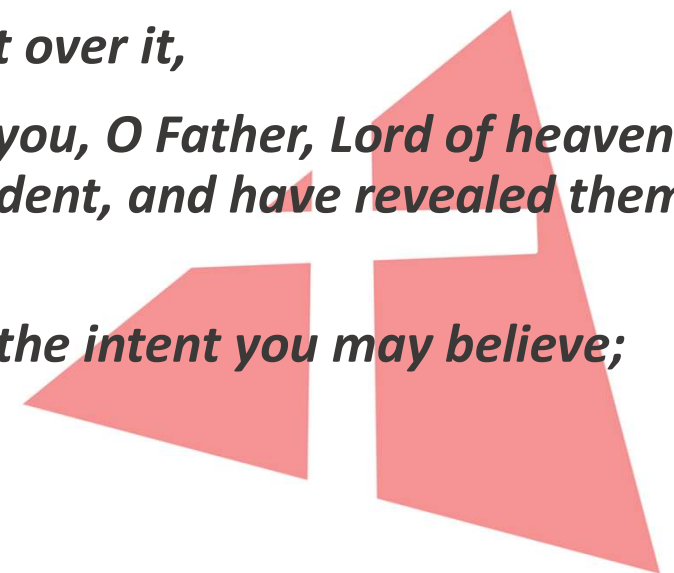
- Jesus experienced emotions

John 11:35 Jesus wept.

Luke 19:41 And when he came near, he beheld the city, and wept over it,

Luke 10:21 In that hour Jesus rejoiced in spirit, and said, I thank you, O Father, Lord of heaven and earth, that you have hid these things from the wise and prudent, and have revealed them unto babes: even so, Father; for so it seemed good in your sight.

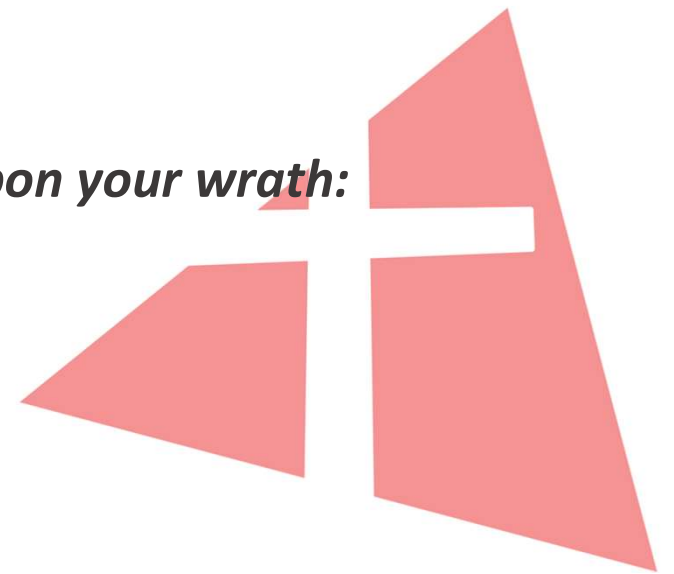
John 11:15 And I am glad for your sakes that I was not there, to the intent you may believe; nevertheless let us go unto him.



The Basics

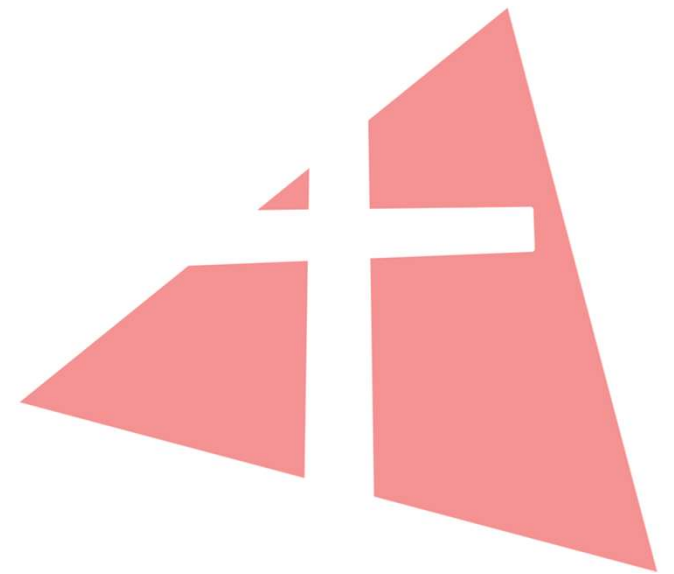
- Emotions are real

Ephesians 4:26 Be angry, and sin not: let not the sun go down upon your wrath:



The Basics

- There are no “good emotions” and “bad emotions”



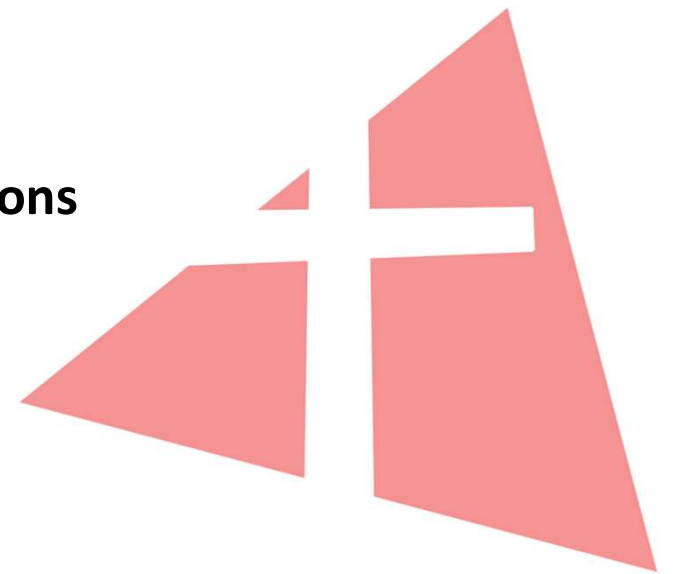
Spiritual Warfare

- Emotions are neither good or bad
- But satan often tries to lie to us through our emotions



Emotions and Actions

- **We tend to pursue emotions we like**
- **We tend to avoid emotions we don't like**
- **Satan tries to use our tendencies to get us to act on our emotions**



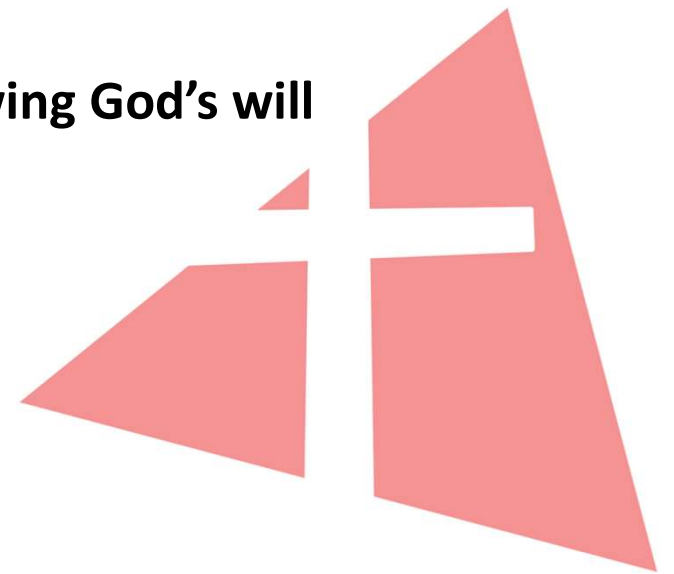
Emotions We Like

- **We tend to go after emotions we like**
- **Sometimes satan uses our emotions to tempt us to pursue sin**



Emotions We Don't Like

- **We tend to resist emotions we don't like**
- **Sometimes Satan uses our emotions to prevent us from following God's will**



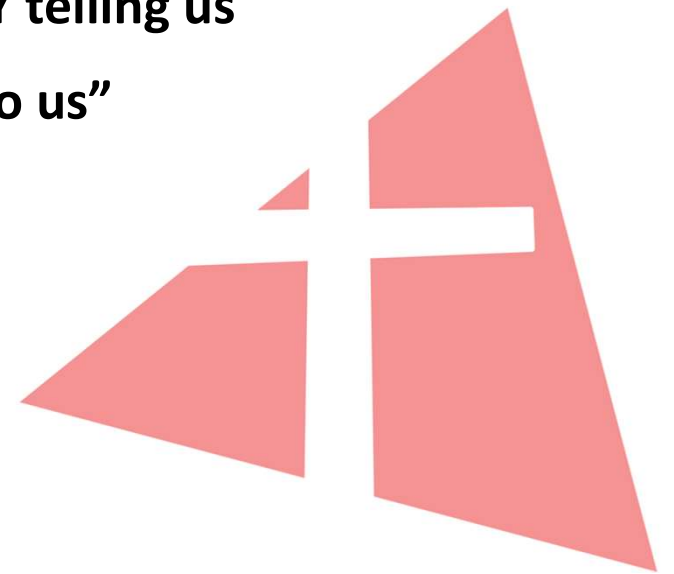
What should we do instead?

- **Satan has no power over us any longer**
- **We need to bring our emotions to God**



What should we do instead?

- **We need to take time to analyze what our emotions are TRULY telling us**
- **All our emotions tell us something about “what is important to us”**
- **Our emotions tell us something about our value system**



What should we do instead?

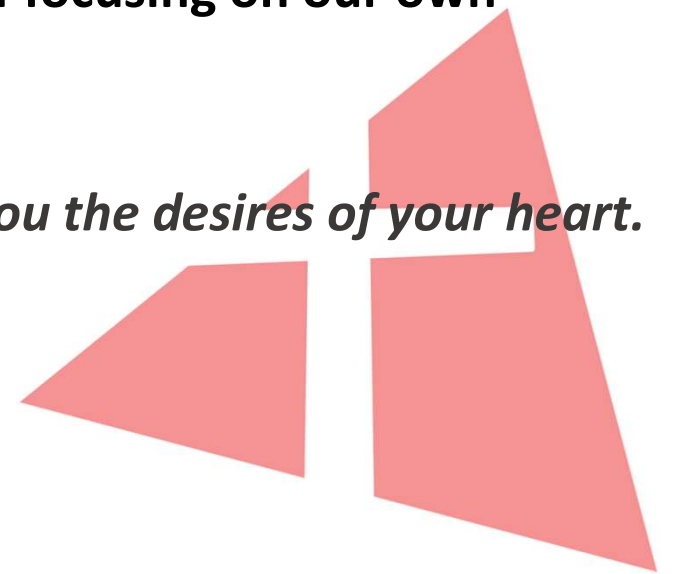
- **We need to act on our emotions according to**
 - What our emotions say about our values
 - What God says



What should we do instead?

- **We need to receive God's emotions on the situation instead of focusing on our own emotions**

Psalm 37:4 Delight yourself also in the LORD; and he shall give you the desires of your heart.



In Conclusion

- Emotions are real
- But emotions often don't tell us the Truth!
- Instead
 - We bring our emotions to God
 - We allow God to speak to us what our emotions truly point to
 - We allow God to change our emotions
 - We act on what God is telling us about our emotions

