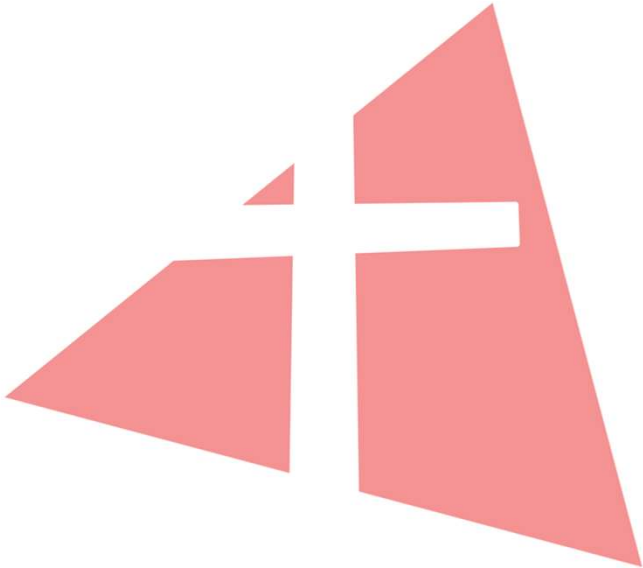


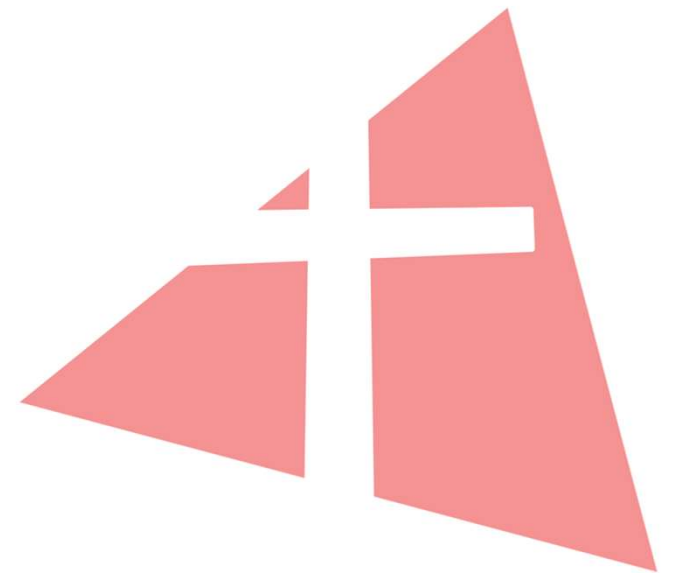
# God Gives Rest

April 28<sup>th</sup> 2024



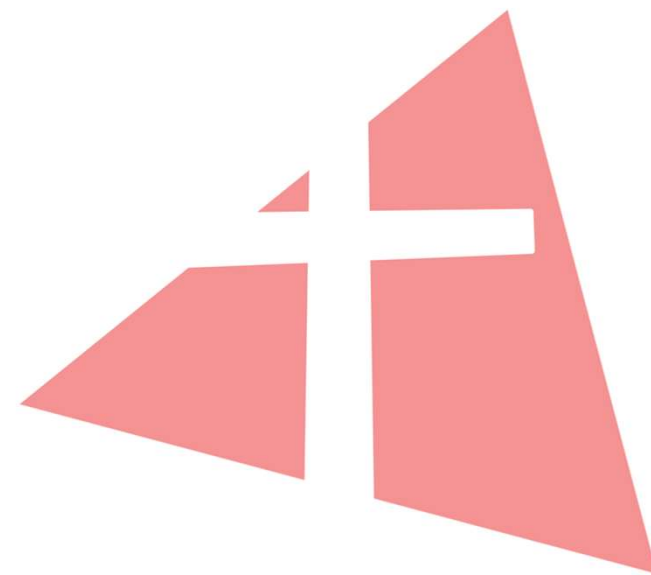
# Last Week

- **The Cross, the Greatest Revelation of God**



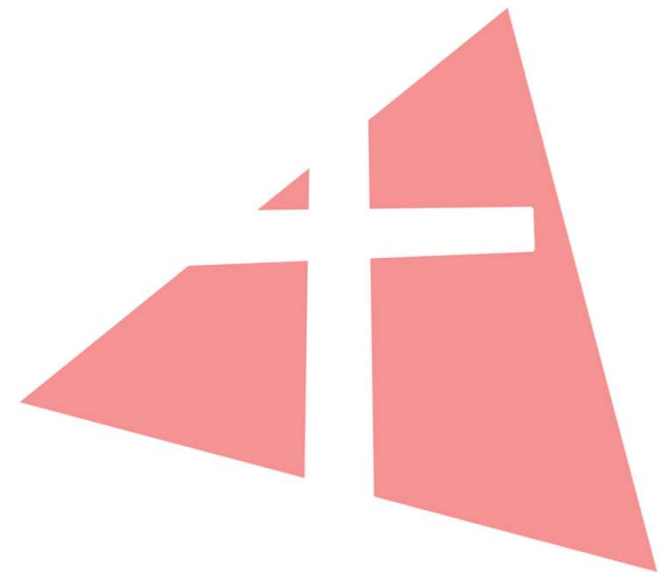
# Today's Focus

- **God Gives Rest**



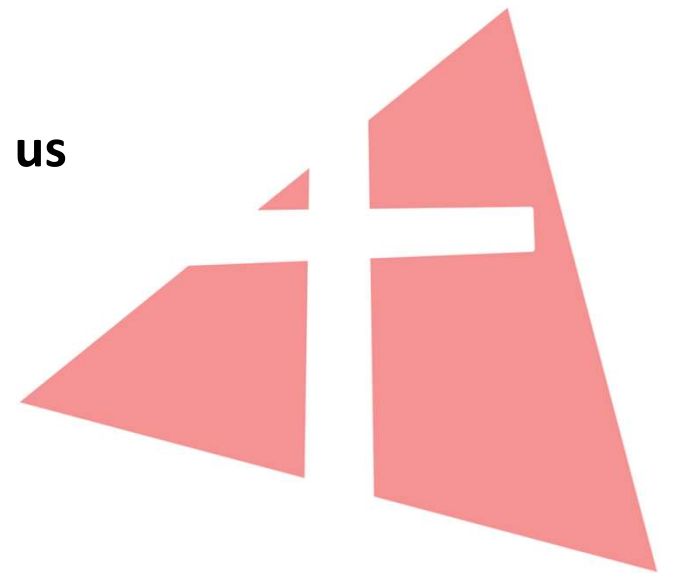
# What is Rest?

- **We can experience rest when ...**
  - ... we are in control
  - ... we have enough strength
  - ... we have enough time to rest
  - ...



# How can we have rest?

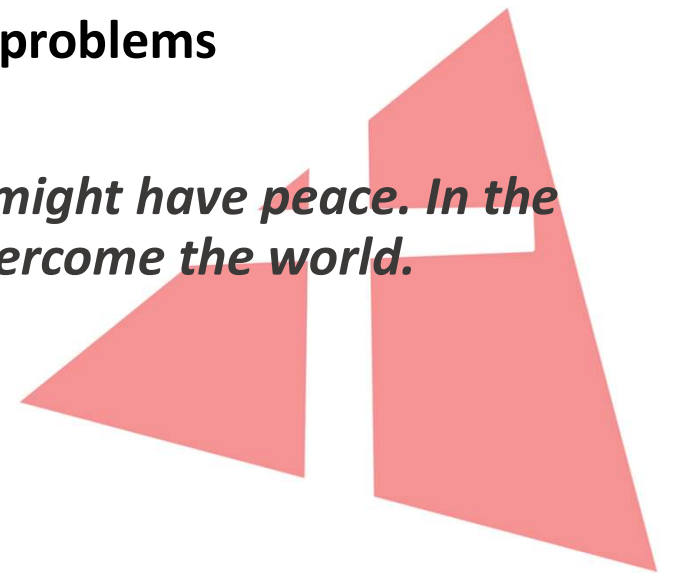
- **No problems around us**
- **Having confidence that those problems around us won't harm us**



# How can we have rest?

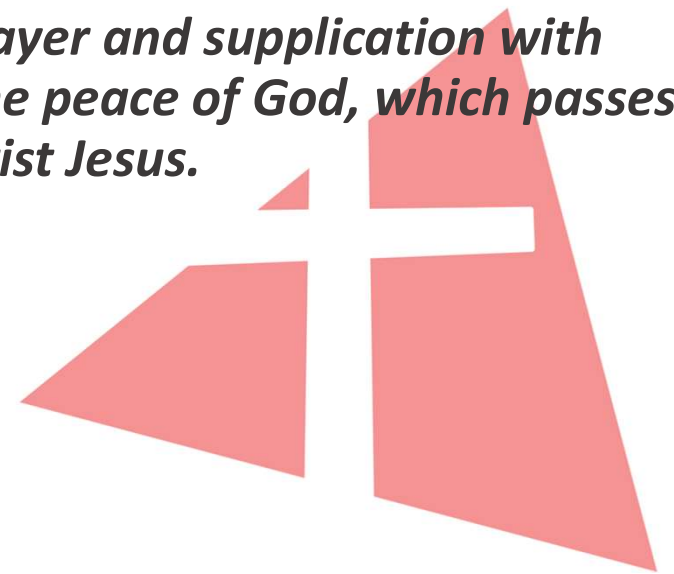
- Many people think: “If God was loving, He would remove all problems from me”
- God’s Promise: I will give you peace/rest, in the midst of your problems

*John 16:33 These things I have spoken unto you, that in me you might have peace. In the world you shall have tribulation: but be of good cheer; I have overcome the world.*



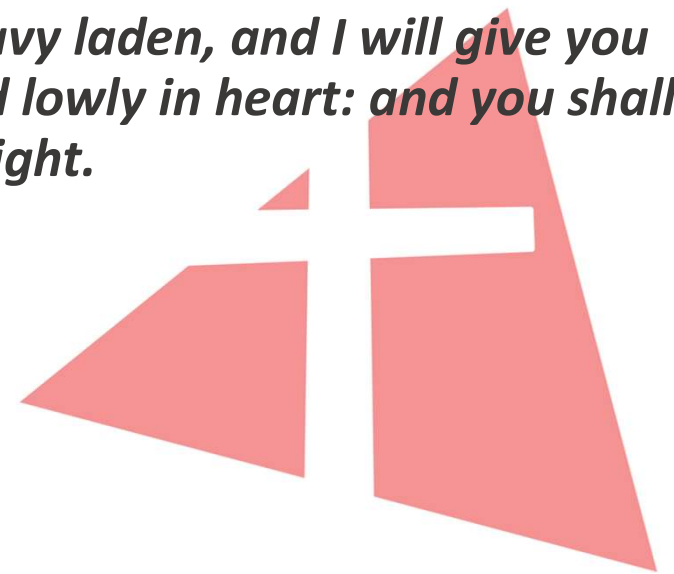
# Prayer

*Philippians 4:6-7 Be anxious for nothing; but in everything by prayer and supplication with thanksgiving let your requests be made known unto God. And the peace of God, which passes all understanding, shall keep your hearts and minds through Christ Jesus.*



# Jesus' Promise

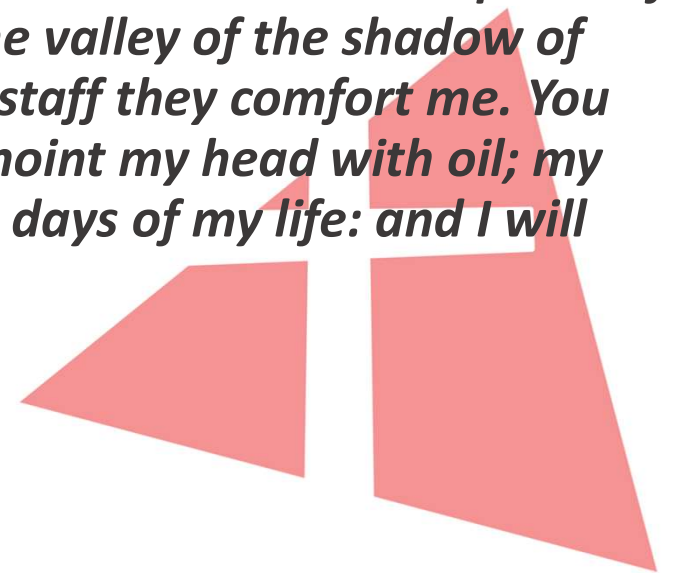
*Matthew 11:28-30 Come unto me, all you that labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn of me; for I am meek and lowly in heart: and you shall find rest unto your souls. For my yoke is easy, and my burden is light.*





# Psalm 23

*Psalm 23:1-6 The LORD is my shepherd; I shall not want. He makes me to lie down in green pastures: he leads me beside the still waters. He restores my soul: he leads me in the paths of righteousness for his name's sake. Yea, though I walk through the valley of the shadow of death, I will fear no evil: for you are with me; your rod and your staff they comfort me. You prepare a table before me in the presence of my enemies: you anoint my head with oil; my cup runs over. Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the LORD forever.*



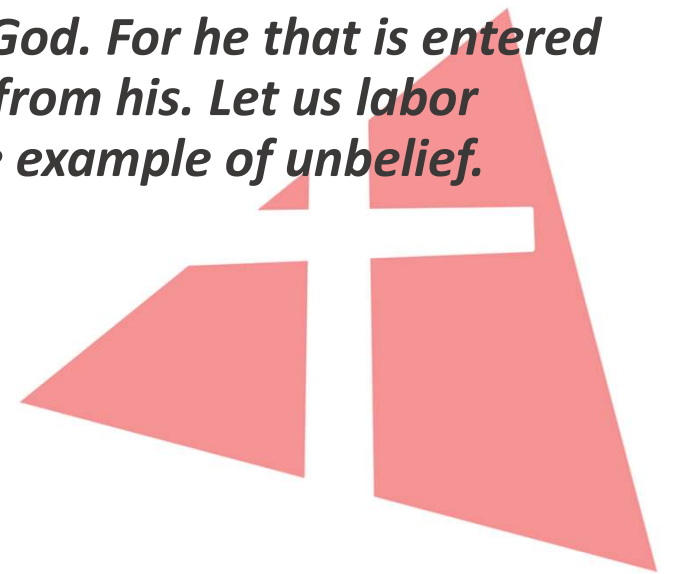
# Psalm 127

*Psalm 127:1-2 Unless the LORD builds the house, they labor in vain that build it: unless the LORD keeps the city, the watchman wakes, but in vain. It is vain for you to rise up early, to sit up late, to eat the bread of sorrows: for so he gives his beloved sleep.*



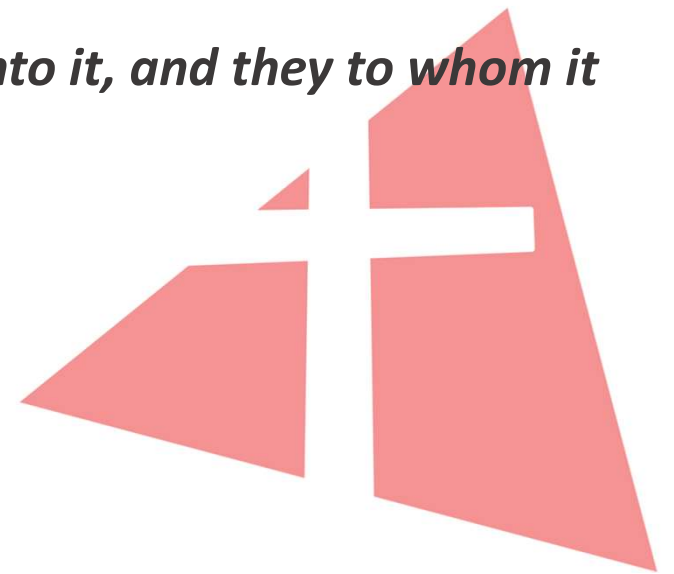
# Rest

*Hebrews 4:9-11 There remains therefore a rest to the people of God. For he that is entered into his rest, he also has ceased from his own works, as God did from his. Let us labor therefore to enter into that rest, lest any man fall after the same example of unbelief.*



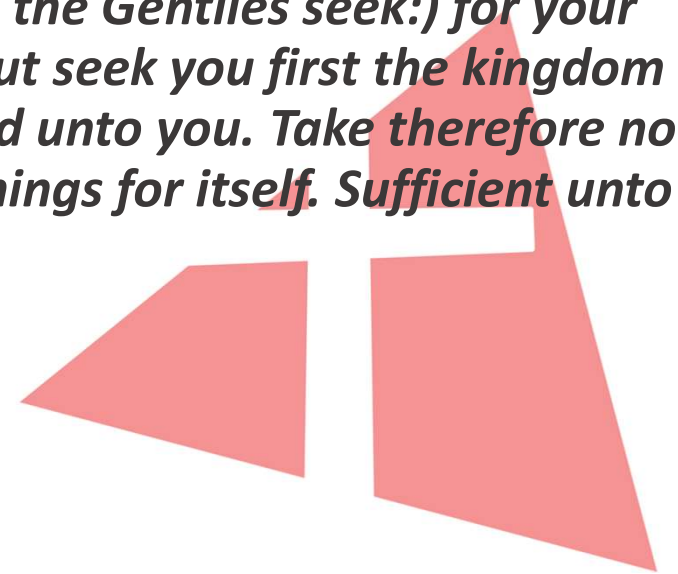
# Rest

*Hebrews 4:6 Seeing therefore it remains that some must enter into it, and they to whom it was first preached entered not in because of unbelief:*



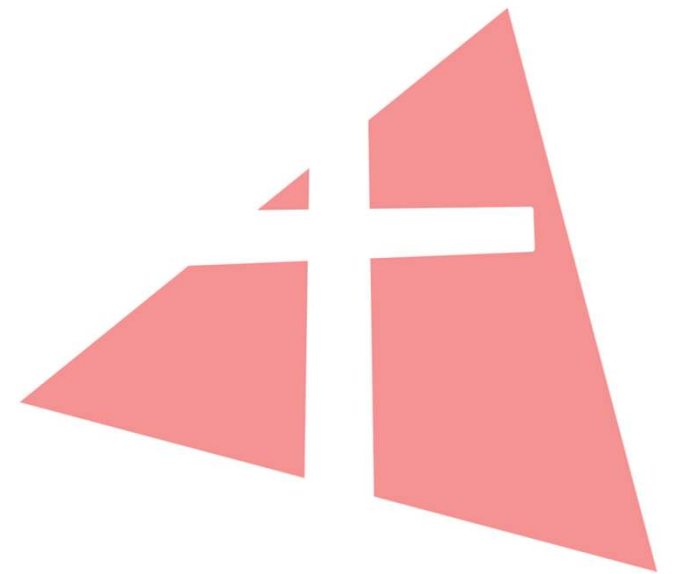
# Jesus' Promise

*Matthew 6:31-34 Therefore take no thought, saying, What shall we eat? or, What shall we drink? or, How shall we be clothed? (For after all these things do the Gentiles seek:) for your heavenly Father knows that you have need of all these things. But seek you first the kingdom of God, and his righteousness; and all these things shall be added unto you. Take therefore no thought for tomorrow: for tomorrow shall take thought of the things for itself. Sufficient unto the day is the evil thereof.*



# How to find Rest in God

- **Have Faith**
- **Trust in His Promises**
  - Logos
  - Rhema
- **Come to Him**



# Result

- **God won't simply make all our problems go away**
- **But we'll have peace and rest in the midst of worldly problems**

